

WEEKLY SCHEDULE

B52

FALL 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 - 7:20 AM BCUT - Full Body Circuit Studio Patrice	6:30 - 7:20 AM BCUT - Upper Body Circuit Studio Camille	6:30 - 7:20 AM BCUT - Full Body Circuit Studio Kayla	6:30 - 7:20 AM BCUT - Lower Body & Abs Circuit Studio Patrice	6:30 - 7:20 AM BCUT - Full Body Circuit Studio Patrice	9:00 - 9:50 AM BCUT - Full Body Circuit Studio Maxime	9:30 - 10:20 AM Reformer Sculpt - Level 2 Reformer Studio Audrey
7:00 - 7:50 AM Barre Hot Studio AnnieNEW	7:00 - 7:50 AM Hot Mat Pilates Hot Studio KathiaNEW	7:30 - 8:20 AM Small Group Training Gym Floor PatriceNEW	7:00 - 7:50 AM Hot Mat Pilates Sculpt Hot Studio DaevaNEW	8:00 - 8:50 AM Hot Mat Pilates Hot Studio Kathia	9:00 - 9:50 AM Reformer Pilates Level 1.5 Reformer Studio Audrey	10:00 - 10:50 AM BCUT - Full Body Circuit Studio Sirdreek
7:30 - 8:20 AM Small Group Training Gym Floor Patrice	8:00 - 8:50 AM Hot Barre Hot Studio KathiaNEW	7:30 - 8:20 AM Hot Core Sculpt Hot Studio Kali	8:00 - 8:50 AM Reformer Sculpt -Level 1.5 Reformer Studio Audrey	9:00 - 10:00 AM Hot Yoga Flow Hot Studio KathiaNEW	10:00 - 10:50 AM Hot Mat Pilates Hot Studio Kali	10:15 - 11:15 AM Hot Yoga Flow Hot Studio Daeva
8:30 - 9:20 AM Reformer Sculpt - Level 1 Reformer Studio AnnieNEW	8:30 - 9:30 AM Small Group Training Gym Floor Patrice	8:00 - 8:50 AM Reformer Pilates-Level 2 Reformer Studio Audrey	8:30 - 9:30 AM Small Group Training Gym Floor Patrice	12:00 - 12:50 PM BOX52 Boxing Studio Juba	10:15 - 11:05 AM BCUT - Lower Body & Abs Circuit Studio Maxime	10:30 - 11:20 AM BOX52 Boxing Studio Taylor
12:00 - 12:50 PM BCUT - FULL Body Circuit Studio Maxime	9:30- 10:20 AM Reformer Pilates Level 2 Reformer Studio Gabi	8:30 - 9:20 AM Hot Mat Pilates Sculpt Hot Studio Kali	12:00 - 12:50 PM Barre Hot Studio Grace V	12:00 - 12:50 PM Reformer Pilates-Level 2 Reformer Studio GabiNEW	10:30 - 11:20 AM Beats & Bikes Spin Studio Yasmina	10:30 - 11:20 AM Reformer Pilates - Level 1 Reformer Studio HollyNEW
5:15 - 6:05 PM Hot Barre Hot Studio Cath M	12:00 - 12:50 PM Sport Mobility Circuit Studio Juba	12:00 - 12:50 PM BCUT - Full Body Circuit Studio Juba	6:00 - 6:50 PM Hot Mat Pilates Sculpt Hot Studio Daeva	5:00 - 5:50 PM Hot Barre Hot Studio Daeva	12:00 - 12:50 PM Reformer Pilates-Level 2 Reformer Studio Marianne	11:30 - 12:20 PM Hot Barre Hot Studio DaevaNEW
5:30 - 6:20 PM BCUT - Full Body Circuit Studio Patrice	5:30 - 6:20 PM Beats & Bikes Spin Studio KaylaNEW	5:30 - 6:20 PM BCUT - Full Body Circuit Studio Patrice	6:30 - 7:20 PM Reformer Pilates-Level 2 Reformer Studio Audrey	6:00 - 7:00 PM Hot Yin Candlelight Hot Studio Daeva		4:00 - 5:00 PM Hot Mat Pilates Hot Studio Daeva
6:00 - 6:50 PM Beats & Bikes Spin Studio Yasmina	5:30 - 6:30 PM Reformer Sculpt Level 1.5 Reformer Studio Fabienne	6:00 - 6:50 PM Hot Barre Hot Studio Grace D	6:30 - 7:20 PM BCUT - Lower Body & Abs Circuit Studio Juba			5:00 - 6:00 PM Hot Yin Candlelight Hot Studio Daeva
6:15 - 7:05 PM Hot Mat Pilates Hot Studio Cath MNEW	6:00 - 6:50 PM Hot Mat Pilates Sculpt Hot Studio Amelie	6:30 - 7:20 PM Reformer Sculpt - Level 1 Reformer Studio Holly	7:00 - 7:50 PM Hot Stretch & Recovery Hot Studio DaevaNEW			
7:00- 7:50 PM Reformer Pilates-Level 2 Reformer Studio Marianne	6:30 - 7:20 PM BCUT - Upper Body Circuit Studio Kayla	7:00 - 8:00 PM Hot Recovery Flow Hot Studio Grace D				
7:15- 8:05 PM Hot Yoga Flow Hot Studio Cath MNEW	6:45 - 7:35 PM BOX52 Boxing Studio Taylor					
	7:00 - 7:50 PM Hot Stretch & Recovery Hot Studio Amélie					